Guided Fantasy for Design a Room

Instructions:

Ask someone to read you this guided fantasy below while you close your eyes and imagine this room. When you have a full picture in your mind, open your eyes and begin writing down your room description. Write for about 15 mins. This is only a draft, to be used when we meet for having you practice some revising strategies. It does not have to be perfect, and it will not be collected! Bring it to the next class meeting.

Place yourself in a real or imagined room that is entirely pleasant to you. Close your eyes and get comfortable in this space and pay attention to what the guide is directing you to observe. Relax.

What season is it?

What time of day?

Are you alone in this space?

What sounds do you hear?

What do you smell?

Notice the furnishings in the room, their colors, their textures.

Are there decorative items?

Where are you? Can you see outside?

Take some time to explore this space with your senses. Start on your left and slowly scan the whole room until you are seeing it from your right.

When you have a full picture of this space, open your eyes and begin to describe it.